

Nidhita Sharma, PT

Neurology & Sport Rehab Physical Therapist



Physical Therapy/College studies: Masters of Science in Exercise Physiology, Mississippi State University; Bachelors of Physical Therapy, MGM Medical College - Licensed to practice Physical Therapy in New York State since July 2017

Prior Physical Therapy Experience: Orthopedic, Neurology & Pain management PT in several US outpatient clinics - experience with home care, as well

Special Expertise: Patient assessment, diagnosis and prognosis. Case management, patient relations and communications. PT treatment techniques, quality and consistency of care, Therapeutic ambulation, wheelchair mobility training. Exercise classes, individual prearranged exercises, Prosthetic training.

"I have been fortunate to have the training and experience to work with a wide variety of patients from culturally diverse backgrounds and from pediatric to geriatric populations. My training has given me the ability to offer cutting-edge patient care for neuromuscular illness, sports medicine and various cardiac conditions. This diverse training in a wide range of disciplines and cultural settings has given me added confidence and capability in facing almost any challenge I encounter in my practice.

"I think its extremely important to inspire and motivate my patients. I see in my day-to-day work just how important encouragement and optimism are in helping my patients recover. I continue to seek out workshops and programs to help advance my skills. I know that I always have more to learn to improve what I can do for those I work with every day. I take tremendous satisfaction in seeing my patients improve and will always do my utmost to see my patients through to the highest level of functioning possible.

"I strive for the highest integrity and quality in my patient care with a deep commitment and dedication to all the work I do. I always look to broaden my horizons and further hone my professional skills to be the best practitioner I can be and offer my patients the absolute best."



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